

## Problem PC?

Home & Small Business Specialist

### We Fix IT

Virus and spyware removal  
Wired and wireless networks  
PC Installation and Setup  
Files Transferred  
Already bought it? - we can fit it!

### We Support IT

Data Backup  
Telephone and remote support available  
Technical support - with advice you can understand

We come to you

### TEK Solutions Ltd

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## PhoneJoan

LIFESTYLE MANAGEMENT SERVICES

Odd Jobs & Repairs / Cleaning / Ironing / Gardening  
Researching "best buys" / Waiting in for Tradesmen  
Home Improvements / Arranging that Special Treat  
and much [more...](#)

Say "[Goodbye](#)" to Chores and Hassle  
Say "Hello" to a Better Lifestyle

Call [Joan](#) on 01252 612033  
or visit our website: [www.phonejoan.co.uk](http://www.phonejoan.co.uk)



## mind · body · sole

*I am open for business and  
fully compliant with Covid-19 regulations*

**Julie Hilton-Reece**  
BSc(Hons)pod MChS  
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registered